

The Manor Inn
Lower Ashton, EX6 7QL
Tel: 01647 252304 email: jan@manorinn.co.uk

LUNCH MENU

Starters

Marinated Olives (V)	£2.75
Tomato and Roasted Red Pepper Soup served with fresh crusty bread (V) (GF)	£5.95
Duck Liver and Orange Parfait with Plum and Red Onion Chutney with wedges of toast (GF)	£5.95
Baked Goats Cheese and Chilli Jam Brûlée with toast	£5.50
Crab and Vegetable Spring Rolls with Peanut sauce	£6.95
Roast Pepper, Confit Garlic and Sun-dried Tomato Bruschetta	£5.50

Main Course

8oz Gammon steak with a brace of eggs with grilled tomato, mushrooms, beer battered onion rings & chips (GF)	£12.95
Ribeye Steak with grilled tomato, mushrooms, beer battered onion rings & chips (GF)	
8oz - £18.95	10oz - £21.95
Peppercorn sauce or Creamy Stilton sauce	£2.75
Beef and Stilton Pie with suet pastry crust with vegetables & Mash	£12.95
Curry of the day: Coconut Chicken Masla with rice, Naan bread, Mango chutney and Riata (GF) (<i>poppodums available</i>)	£10.95
Vegan Curry available	
Homity Pie with Tomato and Olive sauce served with salad and chips (V)	£10.95
Beer battered Fish and Chips with peas and Tartar sauce	£10.95
6oz Beef Burger topped with crispy smoked Bacon and Cheddar served with chips and salad	£10.95
Creamy Chicken, Chorizo, Parmesan and Pea Risotto with salad (GF)	£13.95
Squash, Lentil, Pistachio and Bean Cakes with Balsamic syrup With salad and chips (V)	£10.95

GF Please advise if you are Gluten Free

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Flatbreads

A toasted Flatbread with a choice of filling

Bacon, Brie and Cranberry	£5.95
Sun-dried Tomato, Mozzarella and Pesto	£5.95
Cheddar, Ham and Chilli Jam	£5.95

Sandwiches

White Sourdough Bap or Multi Seed Brown Bap with a choice of filling

Ham Salad	£4.95
Bacon, Lettuce and Tomato	£5.50
Prawn and Marie-Rose sauce	£5.95

Ploughmans

Cheddar or Ham	£6.95
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Side Orders

Chips	£1.75	Garlic Bread	£1.75
Cheesy Chips	£2.25	Cheesy Garlic Bread	£2.25

If you have any special dietary requirements (including allergies) please bring these to our attention before placing your order and we will try to accommodate your needs

Please note: We cannot guarantee that any items are entirely free of nut or nut products and to the best of our knowledge the food on this menu does not contain genetically modified soya or maize and all sauces are gluten free.